

## THERAPEUTIC METHOD AND DEVICE THEREFOR

## Abstract of the Disclosure

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A therapeutic device (10) is formed to have an area (11,12,13) upon which marking instruments (26) may be used to form a design. A subject (25) may use the area to form a design of a person that causes stress to the subject. The subject can express internal feelings toward the design. The design may be removed and the area used by another subject to form a different design.

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